

TOP 7 HUMAN RIGHTS AND Personal Safety Awareness Tips



1. **Know Your Right to Safety**—You have the right to feel safe everywhere; knowing this empowers you to take action.
2. **Report Abuse or Harassment**—Report harassment, assault, and discrimination you witness or experience.
3. **Respect All Boundaries**—Personal space and autonomy are human rights. Respect and practice of consent reinforce safety.
4. **Learn Local Laws and Resources**—Learn about harassment, domestic violence, workplace safety laws, and find shelters, hotlines, and legal aid.
5. **Promote Equality and Inclusion**—Advocating for equal treatment regardless of identity fosters safer, more respectful, and inclusive communities.
6. **Use Technology Responsibly**—Digital safety is a right—protect your privacy, and don't share others' information without consent.
7. **Build Community Awareness**—Promote community programs that educate and encourage collective safety responsibility.



MuAlphaSIGMA Inc.
PLEASE BE SURE TO VISIT US ONLINE AT
www.masigma.org.

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